

# Culture | Learning | Design

## Shifting Default Thinking

This resource has been developed to help teams shift thinking – making the change from default-thinking to a design-mindset.

What is the area of default thinking you are seeking to change: \_\_\_\_\_

Steps	Action + Reflection
1: Make a decision to start somewhere.	Action:
	Reflection:
2: Who can you engage in your quest? Find some like-thinking colleagues struggling with the same 'thing'.	Action: Who's in your team
	Reflection:
3: What's the problem this 'thing' is trying to solve?	Action:
	Reflection:

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4: Reframe the problem into a positive action?	Action: How might we ___ for ___ to be able to ___?
	Reflection:
5: Generate ideas from your reframed question – collect ideas from a wide range of sources.	Action:
	Reflection:
6: Decide which ones are your top 5, then your top 1, 2 and 3.	Action:
	Reflection:
7: Try number 1.	Action:  What length of time do we allow?  How many attempts?  How will you know it's successful?
	Reflection:

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8: Review, refine the idea	Action:
	Reflection:
9: Is it working? Yes? Meet regularly with your colleagues, reflect and refine. No? Go back to Step 6 and repeat with your second idea.	Action:
	Reflection:
10: Write, blog, share what you've learnt. Then find the next problem to solve (this never actually stops).	Action:
	Reflection: